



OFFICE: 800 Main Street • Dunedin • FL 34698 • (727) 734-0990

# GOLDEN CREST

• BULLETIN •

N

**September • 2015**      **Issue 7**  
**39th Year**

## **She Eagled the 7th Hole!**

**Madolyn McMahon got a great  
image of a bald eagle on the 7th  
hole at Fairway Village -  
her score was not reported!**

## **Monthly Mania Winner!**

**\$100 • Merrill King  
Boss Electric Corp.**

**Delivered Door-to-Door by Park  
Residents FREE Every Month**

*Madolyn McMahon*

**view this newsletter on-line at [www.monthly-media.com](http://www.monthly-media.com)**

**FOR AD RATES & INFO 727-484-7488 • info@monthly-media.com**

**Golden Crest Mobile Home Park  
Recreation Governing Board - 2015 - 2016**  
800 Main Street • Dunedin, Florida 34698

Golden Crest Mobile Home Park  
Recreation Governing Board - 2015 – 2016  
800 Main Street, Dunedin, Florida, 34698

President..... Vickie Mac Donald, #452  
Vice Pres. ....Eddie Kurth, #340  
Secretary ..... Dorothy Peterson, #413  
Treasurer ..... Kathleen Fiffe, #406  
Members ..... Linda Shale, #471  
                                 Susan Grannell, #383  
                                 Carol Dakin, #422  
                                 Dee McTrach, #354  
                                 Joyce Hawke, #387



**Golden Crest Chairpersons - 2015**

Bingo Coordinator ..... Helene Haanpaa  
Bulletin Board (Inside) ..... Carol Aldrow  
Cards (Euchre) .....Ed Kurth  
Christmas Bazaar, Craft Bake Sale .....  
                                 Shirley Boudreau  
Christmas Decorations .... Boudreau's, Taylor's  
                                 and friends  
Clubhouse Outdoor Sign..... Leroy Valleau  
Crafts ..... Shirley Boudreau  
Entertainment - Vegas Night .. Art/Jean Taylor  
Fun & Picnic Day..... Rec. Board  
Fun Shuffleboard..... Tom Fidgen  
Golden Crest Fun Games/Picnic .....  
                                 Art & Jean Taylor & Crew  
Golf League ..... Nels Auger  
Hall Decorations (as required) Leroy Valleau  
Hall Properties .....

Halloween ..... Leroy Valleau  
Kitchen Coordinator..... Dennis MacDonald  
Library..... George Bodie  
New Year's Eve ..... Rec. Board  
News Bulletin..... Val & Bob Pippy  
News Bulletin Distribution .. Eleanor Denslow  
November 11th..... Rec. Board  
                                 (alternate with Golden Acres)  
Pancake Breakfast..... Larry Peterson &  
                                 Crew  
Sunshine Ladies ..... Brenda Boudreau  
                                 Carol Nash  
Travel ..... Teriann Tringali  
Water Aerobics..... Maureen Fidgen

# MODERN AIR CONDITIONING

& HOME SERVICES, Inc.



**Special!**

Expires 9/30/15

**A/C & Heat  
Inspection**

**or Service Diagnostic**

Coupon required at time of service during regular business hours & cannot be combined with other offers.

**\$39<sup>00</sup>**

- HONEST and FAIR - SAME DAY SERVICE
- FREE Estimates on A/C Installations

27



**541-5541**

15

[www.modernac.com](http://www.modernac.com)

ALL BRANDS • Since 1976 • CACO 21320

# ROOF OVERS Summer Rains Are Here?

**SAVE 10% NOW!**

**0% Financing** expires 9/15/15

"Our Owner Has Been Serving Pinellas County Since 1980."

**NO Sub-Contractors**

**"Ask Your Neighbors About Us."**

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24



**ASC 547-8300**

21

**ASC**

Lic #C-2387

ALUMINUM SPECIALTY CONTRACTORS, INC.

"A No-Nonsense Company"

# WINDOWS



**FREE  
Installation!**

(minimum 6 windows)

**0% Financing** expires 9/15/15



24



**547-8300**



21

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**ACTION**

Licensed & Insured

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REFRIGERATOR & MAJOR APPLIANCE SERVICE

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Service & Parts For All Major Brands

**10%  
DISCOUNT  
WITH REPAIRS  
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- REFRIGERATORS • FREEZERS • WASHERS
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FREE DELIVERY on Parts For The Do-It-Yourselfer

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We Are **TRULY** Family Owned & Operated

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**ASC**

Lic #  
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**547-8300**

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- Hand Wash & Wax
- No High Pressure Equipment

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- All Work Guaranteed

**(727) 787-1459**

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- Licensed

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We hope that our credentials & over 50 years as a family owned business allows you the confidence to select Doll Bros. for your cleaning needs.

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Rating

BBB  
MEMBER  
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Better  
Business  
Bureau



**FREE Stain-Guard  
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Carts Any Condition • Highest Prices Paid

We service ALL  
makes of carts  
including EZ Go  
RXV at **LOWEST**  
**LABOR** Rates in  
Pinellas County!

Exclusive 100% / 6 Month  
Parts Warranty on  
Electrical Parts, Batteries,  
Controllers, F & R Switch  
& Solenoids on All  
Refurbished Used Carts

**Golf Carts for Every Budget!**

Let us Build a  
Custom Cart  
for You!  
**CALL TODAY**

All Club Cars Have Lifetime  
Bumper-to-Bumper Main  
Aluminum Chassis Warranty  
(excluding battery cradle)

- Check Our Labor Rates Against the Competition
- 12 Years This Location • We Repair Chargers
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# Multiply Your Monthly Mania!

**A**s you probably already know; patronizing the advertisers in this newsletter also pays YOU with our Monthly Mania Cash Give-a-Way. **We pay out \$400 every month to residents** who submit tickets they have received from using the businesses in the newsletter. Winning is easy, just patronize any advertiser in the newsletter, then submit either the ticket or a paid receipt to us for your chance to win!

## Now You Have More Chances to Win!

**We are now offering unlimited entries into our Monthly Mania drawing by just *SUGGESTING* a business to advertise.**

Here is how it works:

1. Call our office and suggest a business to advertise in the newsletter
2. We will take down your information (name, address, phone number) and enter you into the next month's drawing for over \$400 in cash prizes
3. The more businesses you suggest, the more chances you have to win.  
*(To qualify each resident can only suggest a business once)*

### What businesses would you like to see advertising?

We have spots available in the following categories:

- |                                     |                                      |                               |
|-------------------------------------|--------------------------------------|-------------------------------|
| • Accountant/Tax Prep               | • Foot Specialist - Podiatrist       | • Moving Services             |
| • Assisted Living Facility          | • Golf Cart Sales & Service          | • Optometrist                 |
| • Attorney/Lawyer                   | • Hair Salon/Day Spa                 | • Painting - Inside & Outside |
| • Automotive Painting/<br>Detailing | • Hearing Aid/Retail                 | • Pet Services                |
| • Automotive Repair/Sales           | • Home Care                          | • Pharmacy                    |
| • Awnings                           | • Home Furniture & Mattress          | • Remodeling/Interior         |
| • Banks                             | • House Cleaning                     | • Resale Store                |
| • Bathroom Remodel                  | • Insurance Home/Auto/Health         | • Restaurants                 |
| • Bicycle Repair & Sales            | • Investment/Brokerage               | • Screen Repair               |
| • Bingo                             | • Jewelry Sales/Design/Repair        | • Storage                     |
| • Chiropractor                      | • Manufactured Home Sales            | • Taxi/Shuttle                |
| • Computer Services                 | • Massage Therapy                    | • Travel Agent                |
| • Dentist                           | • Medical Doctor                     | • Veterinarian                |
| • Driveway Coating                  | • Mobile Home Supplies -<br>Retail   | • Window Film/Tinting         |
| • Fitness Center/Gym                | • Motorcycle/Moped Sales &<br>Repair | • Window Washing              |
| • Floor Coverings/Retail            |                                      | • Window Treatment/Interior   |



**Thanks For  
The Referrals  
Last Month!**

**Two  
\$5 Winners  
Just for  
Calling In!**

**Monthly Media - (727) 484-7488**

## Golden Crest Birthdays for September 2015:

1	Eleanor Denslow	374	20	Jenny Stephens	381
3	Claudia Misna	459	23	Caroline Dakin	422
4	Jim Major	999	23	Jessie Martin	422
4	Larry Byrnes	309	24	Margrit Kuhnnow	462
5	Bob Ivers	425	24	Greg Belisle	302
6	Colleen Zboran	371	25	Teriann Tringali	425
7	Evelyn Corbin	465	26	Roger Dimit	316
8	Elaine O'Connor	343	28	Regis LeBlanc	363
10	Herb Hendricks	400	28	Joe Ginion	433
12	Twila Miller	469	28	Irmgard Ginion	433
14	Larry Peterson	413	28	Barry Akins	410
14	Carol Kurth	340	30	Louis Bogue	314
16	Lee Riesberg	457			
17	Sandra Gupstill	430			
17	Ruth Pettifer	408			
18	Lloyd McCabe	313			



## Golden Crest Anniversaries for September 2015:

8	Dennis & Vickie MacDonald	452
11	Wally & Patsy Waldrop	348
14	Robert & Patricia Gagne	424
14	Arthur & Jean Taylor	397
25	Bert Fitzgerald & Rhoda Frampton	407
25	Gary & Donna Mason	301
28	A. Kyle & Pauline Foster	317



**A Complete Listing of Resident Services  
can be found on the page before your calendar**



## COMPUTER HELP AT HOME

- Virus & Spyware Removal • Tune-Ups
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- Repairs/Upgrades • Training • Custom Builds
- Data Backup / Recovery / Destruction • Recycling
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- No Roof Damage
- No Move-Out
- No Odor

**10 Year Warranty**

Other Services

- Rodent Control
- Subterranean Termite Treatments
- Once-A-Year Pest Control

**NATURES RESOURCE  
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State Lic. JB6861

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• Serving Pinellas County Since 1993 8  
★ • 2690 Woodhall Terrace, Palm Harbor



## ROOF OVER

**Complete Mobile Home Service**

by **Mitchell Siding** INCORPORATED

*"Workmanship  
Makes the Difference"*

**Top Quality Work At Low Prices**

• Licensed & Insured • Aluminum Contractor • PCCLB #C-7812

★ 25 **586-6315**    19

## PALM HARBOR & DUNEDIN ELECTRIC

COMPANY INC.

### SPECIALIZING IN SERVICE

- ◆ 21 Years Experience
- ◆ Licensed & Insured
- ◆ Free Estimates

**SENIOR  
★  
DISCOUNT**

**24 HOUR EMERGENCY SERVICE**

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# 773-1622

## FLOOR REPAIR

### MOBILE HOME SPECIALIST

- Any kind of damage to any kind of floor system.
- Small areas or whole homes.
- Replacement or deckover.

**Ask About Our Other Services**

**OWNER OPERATOR  
NO SUB-CONTRACTORS**

**Perfect Repair & Construction, Inc.**

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**FREE ESTIMATES • 539-0852**

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# LOOKED UNDER YOUR MOBILE HOME LATELY?



**BEFORE**



**Insist on 8 Ft.  
Wide Vapor  
Barrier for a  
Seamless Fit!**

**AFTER**

**OVER 10,000 VAPOR BARRIERS INSTALLED!**



**ESTIMATES  
ALWAYS FREE**

**FAMILY OWNED  
& OPERATED**

**SENIOR  
APPROVED** 



***Insulation and  
Vapor Barrier Repairs***

**727.330.7821  
800.681.3772**



**STATE CERTIFIED GENERAL  
CONTRACTOR  
# 004138**

**STATE CERTIFIED  
MOBILE HOME INSTALLER  
#IH/102549/1**





## City life? Not for all young adults

The TV sitcom *Friends* depicted a group of young New Yorkers enjoying life in the big city—but in the end, at least two of them chose to move to a house in the suburbs. Young adults in real life appear to be making the same choice (without the laugh track). A survey of more than 1,500 people born since 1977, released by the National Association of Home Builders, found that few of them want to remain in the city for their entire lives.

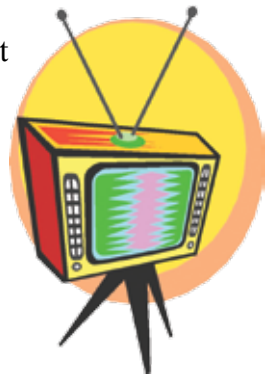
Sixty-six percent indicated they'd like to live in the suburbs, and 24 percent have their hearts set on a rural residence. Only 10 percent want to live in the center of an urban area. They're mostly looking for space: Eighty-one percent said they want three or more bedrooms wherever they end up living.



## Online videos bigger than TV these days

Video has taken over the Internet, especially among the younger generation. A survey of 13- to 24-year-olds by Defy Media found this evidence of the influence of YouTube and other video providers on youthful fans:

- Millennials watch an average of 11.3 hours of free online video a week, and 10.8 hours of subscription video—but only 8.3 hours of scheduled broadcast TV.
- Videos are more popular than online TV content. Seventy-six percent of young people in the survey said they find YouTube more entertaining than TV programs (more popular with 55 percent of participants).
- They're tolerant of advertising on the Internet. Fewer than half—41 percent—said online videos have too many advertisements, but 63 percent feel TV does.



Mathematics is the art of giving the same name to different things.

—Henri Poincaré

## Get the full impact from these healthful foods

Certain foods have definite health benefits, but you have to eat them the right way to get their full impact. Here are some common foods you might be eating “wrong,” according to the CNN website:

- Flaxseed. Full of fiber and omega-3, these little seeds may improve your heart health—as long as you grind them up first. Sprinkling them whole over your cereal or yogurt will keep their nutrients locked inside.
- Broccoli. Eat this raw or steamed, not cooked, to receive the full dose of vitamin C, chlorophyll, and antioxidants this vegetable offers.
- Strawberries. Slicing this delicious fruit exposes its healthful nutrients to light and oxygen, which can dilute their effects. Eat them whole, or hold off cutting them until the last minute.
- Garlic. The enzyme allicin, found in garlic, may help ward off cancer, but its benefits are more pronounced when it’s exposed to air. Let garlic sit for about 10 minutes after chopping to release this enzyme fully.
- Tomatoes. Fresh tomatoes are tasty, but you’re better off cooking them. The antioxidants in them increase in potency when they’re heated to about 190 degrees Fahrenheit.



## Stone tools point to early use by primitive humans

Humans have been using tools for longer than we’ve known. As reported by the journal *Nature*, a team of archeologists in Kenya have found stone tools dating back 3.3 million years, some 700,000 years older than the oldest tools previously discovered.

Before this find, the oldest known stone tools came from sites in Ethiopia and were believed to have been used some 2.6 million years ago. Still, evidence of earlier tool use suggested that humans may have been using stone for longer than that—fossils of animal bones, also in Ethiopia, show signs of cutting some 3.4 million years ago.

The Kenyan tools were dated with an analysis of the sedimentary layer where they were uncovered. Scientists speculate they may have been used to open nuts or fruits with hard surfaces. Weighing in at about 6.6 pounds, the tools are 10 times heavier than any stone tools discovered so far.





Family Owned & Operated • Serving Florida Since 1977

## Weather-Lok

### ROOF-OVER

**The Only Patented Lifetime  
Roof-Over You Will Ever Need!**

**100%  
Maintenance Free**



**Lowers Energy  
Costs Up to 30%**

**One Piece  
Blanket of Protection**

Licensed & Insured • CGC 1515749 • CCC 042787

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Estimates **727-471-0820**

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## Replacement

### WINDOWS

• **Quality Workmanship • Fast Installations**  
• **Competitively Priced**

• **GLASS WINDOWS** Custom made windows with a unique combination of beauty, style & durability backed by our AMS warranty.

• **ACRYLIC ENCLOSURES** Your screen room alternative with acrylic panels, removable vents, sturdy aluminum frames & total screen room ventilation.

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## Trouble Free

### VINYL SIDING

**Premium Insulated Siding**  
• **Fresh New Look • No More Painting**

- **Enhance the Beauty and Value of Your Home**
- **Reduce Your Energy Costs**
- **Maintenance Free**
- **Large Array of Designer Styles & Colors**
- **Accent Your Home with All Types of Decorative Trim and Accessories.**

Licensed & Insured • CGC 1515749 • CCC 042787

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**FREE** Evening & Weekend Appointments Available  
Estimates **727-471-0820**

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# PLUMBING SERVICES



CFC-057864

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22 ★ 22



**Specializing in  
Mobile Home  
Repipes & Repair**

**\$10 OFF**  
1st Time Customers

- **Disposals • Stoppages**
- **Bathroom & Kitchen Fixtures**
- **Water Heaters • Water Softeners**
- **Reverse Osmosis Filter Systems**

**Call Us for All Your Plumbing Needs!**  
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**726-9193 or 942-9317**





## AIR DUCT CLEANING

We Clean in Accordance to the National Air Duct Cleaners Guidelines

### Cleaning Special

#### Deep Scrub Rotobrush Cleaning



- Removal of each vent
- Wipe grills clean
- Basic dryer duct cleaning
- 24 point A/C duct inspection
- Organic Deodorizer



**\$15<sup>00</sup>**

per vent



[www.VelocityAirConditioning.com](http://www.VelocityAirConditioning.com)

**Same Day Service**

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## MAJOR APPLIANCE REPAIR SPECIALIST

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- Washer/Dryers • Ice makers



- GE • Sears
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- Frigidaire
- & Many others

**10% DISCOUNT**  
with repair - with this ad



**Appliance Specialty, Inc.**

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**6** ★ • Licensed & Insured • 37+ Years Exp. **1**

## The Medicine Shoppe

*Come in and See Why So Many Customers that Shop at the Big Chains are Switching to the Medicine Shoppe Pharmacy of Dunedin*

**WE ACCEPT MOST INSURANCE PLANS!**  
**BETTER PRICES • BETTER SERVICE • BETTER FEELING**

**FREE DELIVERY**



**727-733-0404**

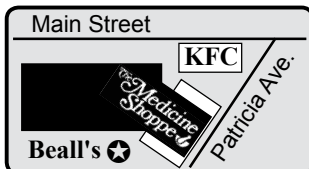
938 Patricia Avenue • Dunedin

[www.medicineshoppe.com](http://www.medicineshoppe.com)

**Open:**

Mon. - Fri.,  
9:00 - 6:00,  
Sat. 9:00 - 3:00

**14** ★ **12**



**The Medicine Shoppe**

**NEW CUSTOMERS**

**Fill 3 or More Prescriptions  
And Get A...**

**\$25<sup>00</sup>**

**GIFT CERTIFICATE**

Gift Certificates may be used on second visit to pay for any purchase. Must present this coupon to receive gift certificate. Not valid with any other offers. Limit one coupon per customer per year.

**The Medicine Shoppe**

**NEW CUSTOMERS**

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And Get A...**

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**GIFT CERTIFICATE**

Gift Certificates may be used on second visit to pay for any purchase. Must present this coupon to receive gift certificate. Not valid with any other offers. Limit one coupon per customer per year.

## Keep relationships healthy over long distances

Ten years ago, some 2.9 percent of all marriages were long-distance relationships. Today that number has grown. Maintaining any kind of relationship takes work; when partners are separated, the effort grows. Keep your relationship steady and solid with these tips:

- Set ground rules. The secret to success in a long-distance relationship is managing expectations. Talk over how you'll handle the separation—who will be responsible for bills, child care, and other household issues. Do this ahead of time so nothing falls through the cracks. Set up a schedule for regular phone calls so you can plan conversations effectively.
- Communicate—but not too much. Regular contact is essential to the health of any marriage, so make a point of getting in touch as often as you need to. Just don't overdo it. If one partner feels crowded or badgered by insistent demands, he or she may back off, making the relationship even more complicated.
- Vary your channels. Don't rely on the telephone alone. Use e-mails and texts to send quick messages without interrupting the other person at work or at an awkward moment. Variety helps strengthen any relationship, so look for different ways to connect.
- Plan positive visits. You'll want to get together with your partner as often as you can. Don't put too much pressure on yourselves to make each visit spectacular, though. Give yourselves time to relax so no one feels personally responsible for the visit's success. You both need some downtime to get used to being with each other again.
- Be flexible. Travel plans can change at a moment's notice. An emergency may delay or interrupt a phone call. Although you're disappointed, do your best to respond positively and patiently when other demands disrupt your planned activities. Getting into a fight over every minor crisis won't keep your relationship strong.



Physical fitness is not only one of the most important keys to a healthy body, it is the basis of dynamic and creative intellectual activity.

—John F. Kennedy

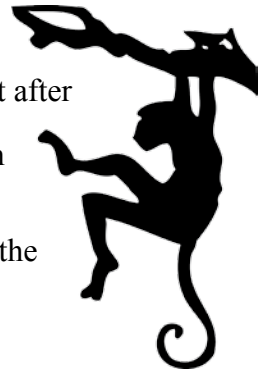
## Monkey see, monkey do, monkey—cook?

**H**umans and chimpanzees share many genetic traits, and scientists have recently discovered one that may surprise fans of the Cooking Channel and the Food Network: a basic understanding of how to cook food.

Chimps have long exhibited a preference for cooked food over raw. A team from Harvard and Yale decided to see if they could be taught to “cook” food on their own. Observations have shown that chimps are willing to give up something like a slice of raw sweet potato if they expect to receive a cooked one in a short time. To test their hypothesis, the scientists devised a process to mimic cooking (since they didn’t want the apes to use actual heat): two plastic bowls that fit closely together, with a bit of pre-cooked food hidden in the lower bowl.

The scientists would put a piece of raw potato into the bowl, then switch it after a few minutes for the cooked one. After a while, the chimpanzees began doing the same thing—placing a piece of food into the bowl, waiting, then looking for the tastier result.

The researchers believe this shows a basic cognitive ability to understand the cooking process, as well as the patience to carry out—traits that may have driven crucial changes in human evolution.



## Follow the right FORM for effective innovation

**I**nnovation may seem spontaneous, but it generally succeeds because the groundwork has been methodically laid ahead of time. To spark creative thinking in your organization, follow consultant Charles Day’s acronym FORM:

**F:** Focus. Start by deciding what’s important to your team and organization. What were you created to achieve? Identify the key goals of your vision so you have something to work toward.

**O:** Organization. Decide on a structure for developing and implementing ideas. Who is responsible for specific tasks? What jobs should be shared? How will you make decisions?

**R:** Resources. Gather what you’ll need to implement your plans. This includes not just tools and materials, but people. Identify the types of talents you’ll need to bring an idea to reality.

**M:** Measurement. Look to the end as you begin. Determine how you’ll know whether you’ve succeeded or failed. Goals should be specific and clear to everyone, and they must be relevant to your organization’s vision.



# SERVICES DIRECTORY

## AIR CONDITIONING SALES/SERVICE

Barron's Air Conditioning..... 727-784-1603  
E & E Gliddon, Inc..... 727-546-4343  
Modern A/C Service Co. .... 727-541-5541

## APPLIANCE REPAIR

Action Appliance Service ..... 727-736-1106  
Appliance Specialty, Inc. .... 727-520-6002  
Bob's Appliance Repair..... 727-637-4789

## APPLIANCE SALES

Tony's Appliance Sales ..... 727-474-5843

## AUTO SALES / PURCHASING

Tampa Bay Car Cash..... 727-580-9580

## AWNINGS

Century Awnings Co. .... 727-559-8811

## BATHROOM REMODEL

BathMasters..... 727-333-7997

## BARBERSHOP

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## CARPET CLEANING

Bill the Carpet Guy..... 727-521-4163  
Doll Brothers Carpet Cleaning ..... 727-596-2249

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## DUCT / VENT CLEANING

Velocity Air ..... 727-754-7956

## ELECTRICAL CONTRACTOR

Boss Electric Corp. .... 727-791-1308  
Haseney Electrical Services, Inc..... 727-441-8434  
Palm Harbor & Dunedin Electric ..... 727-773-1622

## FLOOR REPAIR

Flatworks..... 727-288-4680  
Perfect Repair & Construction, Inc.... 727-539-0852

## FUNERAL/FINAL NEEDS

Neptune Society - John Pinkerton .... 727-348-0740

## GOLF CARTS SALES & SERVICE

Capital Golf Carts, Inc..... 727-772-8833  
Recreational Golf Cars of Florida..... 727-548-8460

## INSURANCE/AUTO

O. E. Wilson ..... 727-535-0524

## MANUFACTURED HOME SALES/NEW

Citrus Homes/Meadowood Homes ... 727-535-5262

## MOBILE HOME SUPPLIES - RETAIL

Mobile Home Depot, Inc. .... 727-849-4900

## MOBILE HOME WASH/WAX

Bob's Mobile Home Washing ..... 727-787-1459  
Heller's Mobile Home Washing ..... 727-545-2665  
Wygarden Mobile Home Wash ..... 727-587-0876

## PAINTING/INSIDE & OUTSIDE

Payless Painting Services..... 727-470-5876

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Buggin Out Termite & Pest Control ... 727-535-2629  
Nature's Resource Pest Control..... 727-785-2552

## PHARMACY

Medicine Shoppe, The ..... 727-733-0404

## PLUMBING SERVICE

Dunedin Plumbing, Inc..... 727-734-2879  
Plumbing Patrol, Inc..... 727-726-9193  
Ray Duncan Plumbing, Inc. .... 727-733-0968

## ROOF COATING

Community Roofing of Florida, Inc. 1-800-511-2517

## ROOF REPLACEMENT

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ASC Aluminum Specialty Contr. .... 727-547-8300  
Mitchell Siding, Inc. .... 727-586-6315

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ASC Aluminum Specialty Contr. .... 727-547-8300  
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Chambers Specialties, Inc. .... 727-443-7222

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sales@monthly-media.com



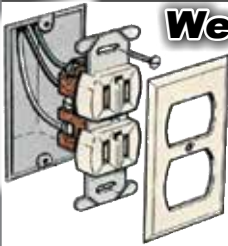
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- Washers
- Dryers
- Ice Makers
- and more



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**5**

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**CONCRETE WIZARD**

# SEPTEMBER • 2015

Sunday	Monday	Tuesday
6	7 2pm Labor Day Picnic	
	Labor Day	
13	14	
20	21	
27	28	

# Golden Crest

Tuesday	Wednesday	Thursday	Friday	Saturday																																										
1	2	3 Coffee Hour	4	5																																										
8	9	10 Coffee Hour	11  Patriot Day	12																																										
15	16	17 Coffee Hour	18 6pm Covered Dish	19																																										
22	23  First Day of Autumn	24 Coffee Hour	25	26																																										
29	30			<div>OCTOBER 2015</div> <table><tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr><tr><td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td></tr><tr><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr><tr><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td></tr><tr><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td></tr><tr><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td></tr></table>	S	M	T	W	T	F	S					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
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## September Is...

**B**aby Safety Month. Drowning, falls, chemicals, and other hazards can endanger the life and health of any small child. During September, take a good look around your house and eliminate any threats to babies' safety that might be hiding in plain sight.



**Library Card Sign-Up Month.** A time to remind parents and children that a library card is the most important school supply of all. If you don't already have a library card, get one in September; if you do, visit your local library and use it.

**National Bourbon Heritage Month.** A celebration of bourbon as America's "Native Spirit." The U.S. Senate declared September National Bourbon Heritage Month in 2007, calling on those who enjoy bourbon to do so responsibly and in moderation.

**National Campus Safety Awareness Month.** College campuses are not immune to destructive behaviors and violence due to high-risk drinking, drug abuse, sexual assault, fire safety, and more. As your kids head to college this month, talk to them about safety and investigate the resources their school offers.

## Week to Week

**N**ational Suicide Prevention Week, Sept. 8-14. An annual campaign to inform and engage health professionals and the general public about suicide prevention and warning signs of suicide. Awareness events are held throughout the week around World Suicide Prevention Day, Sept. 10.

National Truck Driver Appreciation Week, Sept. 13-19. Sponsored by the American Trucking Associations, a federation of state associations, affiliated conferences, and individual members committed to developing and advocating policies that promote highway safety, security, environmental sustainability, and profitability.

Pollution Prevention Week, Sept. 21-27. The best way to protect the earth and its people is to stop creating pollution in the first place. Less waste and pollution means fewer hazards to public health and the environment. Pollution Prevention Week highlights the efforts of the EPA, its state partners, industry, and the public in preventing pollution right from the start.



Banned Books Week, Sept. 27-Oct. 3. Sponsored by the American Library Association to promote the importance of ensuring the availability of books to all who wish to read them.

# Barron's



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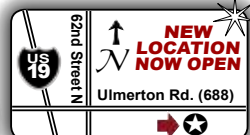


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**Photographs  
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**6**

## Probe your personality to achieve lasting results

People who succeed at their jobs, in their careers, and at the game of life are generally aware of their strengths and honest about their weaknesses. If you want to achieve greatness, focus on these key elements:

- Identity. Who are you? Don't think about your job, but your values and deepest beliefs about people and life.
- Accomplishments. What have you already done in your career? Examining your past successes can help you move forward to new victories.
- Reputation. How do others see you? Get some honest feedback. If you're not happy with the answer, improve your attitude so people see a more positive you.

## The Best Antidote

A young wife lived with her husband's mother. Although she loved her husband, she found her mother-in-law impossible to deal with. In her desperation, she decided to poison the woman and get her out of her life.

She found a doctor willing to help her. As he gave her the poison, the doctor said, "Just so that no one suspects you, treat your mother-in-law as nicely as you can. Give her a little bit of this poison every day, and in a month your problems will be over."

The wife followed his instructions, treating her mother-in-law with special kindness as she slipped the poison into her food every day. Toward the end of the month, she went back to the doctor.

"Something strange happened," she said. "Ever since I've been nice to her, she's been nicer to me. Now she seems more like a friend than a mother-in-law. Can you give me an antidote for the poison before she dies?"

The doctor smiled. "I gave you ordinary vitamins. The only poison was in your own mind."

**The world is shaped by two things—stories told and the memories they leave behind.**  
—Vera Nazarian





## Two-minute walks may improve your health

Exercise keeps you healthy. Fortunately for busy people, exercise doesn't have to mean working out at the gym or running a marathon. A study reported on the Science Daily website found that adding just two minutes of walking per hour to your routine can extend your life expectancy.

Scientists at the University of Utah School of Medicine discovered that taking a two-minute walk once an hour was associated with a 33 percent lower risk of dying. Even brief walks add up to a substantial benefit when taken often during the day. The scientists emphasize that these walks should be an addition to a moderate exercise habit, not a replacement for one. It's a step in the right direction.



## Protect your hearing

Excessive noise in the workplace (or anywhere else, for that matter) can damage your hearing. The Medicine Net website warns that you risk hearing loss under these noisy conditions:

- You need to shout so that people an arm's distance away can hear you.
- Your ears begin to hurt from the volume.
- Your ears are ringing.
- You suffer temporary hearing loss after being subjected to constant loud noise.



All you need is love. But a little chocolate now  
and then doesn't hurt.

—Charles Schulz



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 Pers. Injury Prot.....\$10,000 Ea. Person, Wage Loss Excluded  
 Medical Payments.....\$5,000 Each Person  
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**Annual Paid In Full Premium..... \$884.99\***



Quote Details: -67 married male, vehicle driven for pleasure use, superior credit, 5 year clean driving record on all licensed household operators -2008 Chevy Impala LT, garaged in Pinellas County zip code 33771, equipped with Air-Bags, ABS and Anti-Theft device

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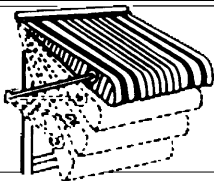
Get Your Picture on the Cover - We select a new and interesting picture every month to be printed on the cover of your newsletter. If you or your neighbors have fun events or activities please send in a picture and we'll enter it to be selected. Please include a description of the image and a brief release allowing us to reprint the picture. Our mailing and email address are here:



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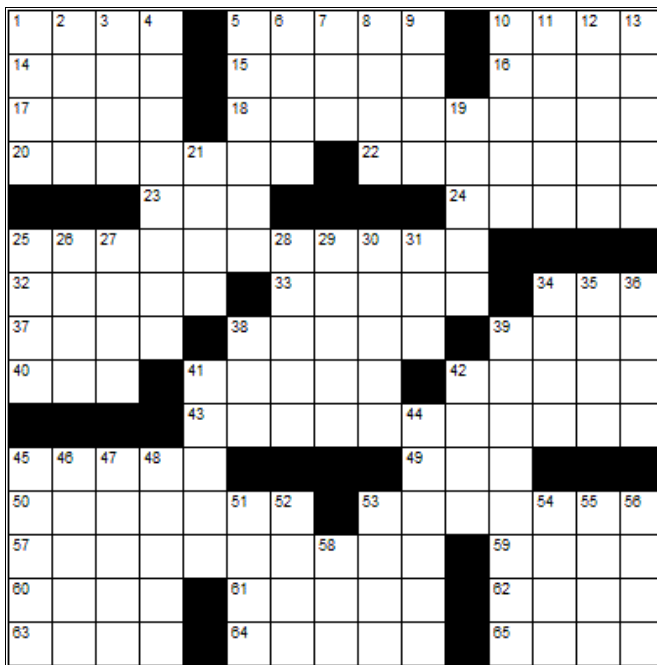
Come and See Why We're the...  
**TALK OF THE TOWN**

**TWO**  
Barbers Now To  
Serve You



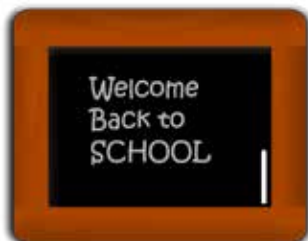
## ACROSS

1. Terror
5. Aromatic solvent
10. Website addresses
14. Tardy
15. Cognizant
16. Midday
17. God of love
18. Likeness
20. A painkiller
22. Hypodermic
23. Fitting
24. Not younger
25. Jubilation
32. Severe pain
33. Virile
34. Kitten's cry
37. Violent disturbance
38. Repaired
39. Angel's headwear
40. Eastern Standard Time
41. Not inner
42. Stogie
43. Transparent
45. Napped
49. Dekaliter
50. Misinform
53. Pettifogger
57. Impossible to satisfy
59. Hawkeye State
60. Adolescent
61. Gloomy, in poetry
62. A song for 2
63. At one time (archaic)
64. Marsh plant
65. Makes a mistake



## DOWN

- |                           |                              |                           |
|---------------------------|------------------------------|---------------------------|
| 1. Parasitic insect       | 21. Red gemstone             | 41. Group of 8            |
| 2. Hearing organs         | 25. Concern                  | 42. Kaolin                |
| 3. At the peak of         | 26. Auspices                 | 44. Cling                 |
| 4. Occupant               | 27. Plunder                  | 45. Strike                |
| 5. Less difficult         | 28. Friendliness             | 46. A protective covering |
| 6. Identical or fraternal | 29. What we pay to the govt. | 47. S S S S               |
| 7. An unskilled actor     | 30. Unreactive               | 48. Flora                 |
| 8. Twin sister of Ares    | 31. Not young                | 51. Helps                 |
| 9. Depend                 | 34. Wise men                 | 52. Have the nerve        |
| 10. Up to                 | 35. Distinctive flair        | 53. Smelting waste        |
| 11. Not square            | 36. Be dressed in            | 54. See the sights        |
| 12. Hostel                | 38. Pelt                     | 55. Pitcher               |
| 13. Contemptuous look     | 39. Brae                     | 56. Rodents               |
| 19. Sarcasm               |                              | 58. What we sleep on      |



# September Crossword



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## EVENTS & PROGRAMS

**CRAFT FAIR!** Southwind MHP in Palm Harbor is seeking talented crafters for this community Craft Fair event Nov. 14th. 9-1 Tables are \$15.00 Call Jane 727-781-9238

## HELP WANTED

**Crafters Wanted :** Paradise Island Annual Craft Fair Sat. Nov 7, 2015 Tables \$10 & \$15 Call Marcia 727-953-3616

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## ATTENTION RESIDENTS!

Did you know this Emporium/Classified listing reaches over 21,000 homes in Pinellas County? It goes into 60 community newsletters (just like this one) from Dunedin to St. Petersburg. This is a great market to sell items, advertise your next event, try and get help for a function, and many other great things. Remember to think about this the next time you're planning something.

-Monthly Media Staff

## OCTOBER AD DEADLINE - SEPTEMBER 10, 2015

- Advertise BUY, SELL, TRADE ITEMS by sending copy & check to Monthly Media at P.O. Box 1023, Venice, FL 34284.
- Ads over 10 words must be accompanied by \$.80 per extra word or publisher will edit. • No mobile home sales, no professional products or services. SORRY: No ads accepted by phone or email. DEADLINE: 10th OF EACH MONTH.



**RAY DUNCAN PLUMBING, INC.**

**"SPECIALIZING IN MOBILE HOME REPAIRS"**

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**28**

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## Keeping up with current events

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**H**ow much do you know about current events? The Pew Research Center News IQ survey examined the knowledge of more than 3,000 U.S. residents in an interactive quiz that asked them to identify a series of photographs, charts, and maps. Here's how the participants measured up when asked to ...

- Identify a photo of Martin Luther King Jr.: 91 Percent
- Identify the country led by Kim Jong-il from a photo (North Korea): 82 percent
- Identify the location of Guantanamo on a map (Cuba): 78 percent
- Name the country the U.S. recently re-established relations with (Cuba): 76 percent
- Identify the proposed route of the Keystone Pipeline on a map: 73 percent
- Identify Malala from a photo (2014 Nobel Prize winner): 93 percent
- Identify Pope Francis's home country on a map (Argentina): 52 percent
- Give the correct number of female Supreme Court justices (three): 33 percent

## Have you taken your fish oil today?

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**N**atural dietary supplements are big business in the U.S. As part of the National Health Interview Survey, researchers looked at the use of natural supplements other than vitamins and minerals. Comparing figures from 2002, 2007, and 2012, the trends they found include:



- Fish oil. This was the top product used by adults in 2012, as well as among children (though in 2007, Echinacea was the most popular supplement among children).
- Melatonin. This sleep aid came in second for children in 2012, increasing significantly from 2007.
- Glucosamine/chondroitin. Use of this decreased between 2007 and 2012, along with a drop in the use of Echinacea and garlic.
- Ginseng. This showed another large decline from 2002 to 2007, along with the use of Gingko.
- Green tea and milk thistle. Use of these held steady (though low) between 2007 and 2012.



# TONY'S APPLIANCES

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**\$169**

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(Pictures for illustration only)



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and up  
Refrigerator

**FREE Delivery!**

*\*restrictions apply*



**\$149**

and up  
Washer/  
Dryer



**Now Selling Window A/C Units!**

**\$20 OFF**

**Any Appliance**

**\$179 and up**

Not valid with any specials or discounts. Not valid with other offers. Expires 3/1/15

**Best Prices on New, Scratch / Dent and Rebuilt Appliances**  
**We Do All Deliveries... No Subcontractors!**

### Monthly Mania: It Pays (Up to \$100) To Patronize the Advertisers in Your Newsletter

**14,492 manufactured home residents have won over \$124,374** since our contest began. It's simple to play ... when you patronize a current advertiser, ask for a Monthly Mania ticket (or a reasonable facsimile) and fill it out completely. Put the ticket in our Monthly Mania drop box in your community or mail your paid receipt to us at **Monthly Media • PO Box 1023 • Venice, FL 34284**. That's all you do. At the end of the month the Publishers will pick up the tickets and hold a drawing. If your ticket is drawn, we mail you a check.

**(Allow 4-6 weeks for mailing of check). This month's cash winners are:**

Merrill King.....\$100	.....Boss Electric Corp.	Rosemary Merrill.....\$5	.....Haseney Electrical Services
Steve Vague.....\$10	.....Shawn & Shawn Moving	Marilyn Ventura.....\$5	.....Kathy's Cleaning Service
Gary Nowlyn.....\$10	.....Air Masters of Pinellas	Al Taufiq.....\$5	.....Modern Pest Control
Mary Lon Robinson.....\$10	.....Buggin Out Termite & Pest Control	Sharon Rop.....\$5	.....Knoblach Hearing Care
Madeline Narkewicz.....\$10	.....Ron Wyngarden MH Washing	Edward Hendricks.....\$5	.....Dr. Peter M. Mason
Barry Kelly.....\$10	.....Heller's Mobile Home Washing	Marilyn Stringham.....\$5	.....Jones & Sons Plumbing, Inc
Bob Andreas.....\$10	.....E & E Gliddon Air Conditioning	Richard Williamson.....\$5	.....Dunedin Plumbing, Inc.
Thelma Payne.....\$10	.....Largo Plumbing	Margie & Bud Barr.....\$5	.....Chambers Specialties, Inc.
Steven Wood.....\$10	.....Natures Resource Pest Control	Linda L. Wagler.....\$5	.....Debbie's Salon
Gloria Biggs.....\$10	.....Jones & Sons Plumbing, Inc	Joan Hermann.....\$5	.....Knoblach Hearing Care
Hal Gray.....\$10	.....Bob's Appliance Repair	Linda Littell.....\$5	.....Heller's Mobile Home Washing
Donald Terrill.....\$10	.....Ray Duncan Plumbing	Ben Roth.....\$5	.....Haseney Electrical Services
Bud Mueller.....\$10	.....Appliance Specialty	Irene Haskell.....\$5	.....Bob's Mobile Home Washing
Ruth Ann Zandy.....\$10	.....Barron's AC & Appliance	Barbara Whitman.....\$5	.....Doll Brothers Carpet & Upholstery
Nancy Stierle.....\$5	.....Ron Wyngarden Moble Home Wash	Gloria Lamoureux.....\$5	.....Modern Air Conditioning & Appliance
Maureen Koebel.....\$5	.....Bob's Mobile Home Washing	Susan Halloian.....\$5	.....Doll Brothers Carpet & Upholstery
Edward Lowell.....\$5	.....Boss Electric Corp.	Joe Haberstroh.....\$5	.....Bill the Carpet Guy
Kenny Eckhart.....\$5	.....Battleline Termite & Pest Control	Clyde Walker.....\$5	.....Sunset Appliance Service
Linda Reed.....\$5	.....Appliance Specialty	Barb Kansorka.....\$5	.....Jones & Sons Plumbing, Inc
John Deveau.....\$5	.....Medicine Shoppe of Dunedin	Diane Heath.....\$5	.....Natures Resource Pest Control
Joseph A. Lopez.....\$5	.....Bob's Appliance Repair	Jerry Hadley.....\$5	.....Modern Air Conditioning & Appliance
Steve Lynch.....\$5	.....AMS West Coast, Inc.	Pamela Hill.....\$5	.....Heller's Mobile Home Washing
Scott Ditto.....\$5	.....Air Masters of Pinellas	Kerren Sanders.....\$5	.....Advertiser Referral
Gwendolyn R. Burgess.....\$5	.....Bill the Carpet Guy	Dolores Colonita.....\$5	.....Advertiser Referral

• Limit of one ticket per visit • Advertiser may have up to 4 winners per month • Advertiser must have bill paid current to qualify • No purchase necessary • Contest void where prohibited by law • Green tickets available at participating Monthly Media advertisers.

# Golden Crest Homeowners Association 2015 – 2016

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Vice-President  
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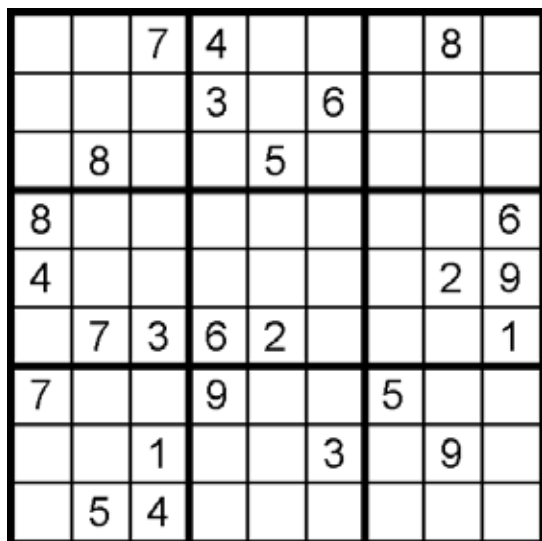
- Ray Muldoon # 366  
- Tod Blanchard # 436  
- Kathy Bleau # 321  
- Carol Aldrow # 339  
- Gary Rellinger # 466  
- Brenda Boudreau # 375  
- Carol Nash # 345



## September Sudoku

**How to play:** The numbers 1 through 9 will appear once only in each row, column, and 3x3 zone. There are 9 such zones in each sudoku grid. There is only one correct solution to each sudoku. Good luck!

Difficulty level: medium.



**Back to School!**



Difficulty level: medium.



# MOBILE HOME WASHING

## Hand Washing

Since 1988

Single or  
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**\$79<sup>00</sup>**

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25 ★ ASK ABOUT OUR OTHER SERVICES 23

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with washing

25 ★ 23

Heller's Mobile Home Washing **545-2665**



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V A P O R B A R R I E R**

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Before They Cause Serious Damage!**

We will inspect and photograph any issues, showing you pictures of the underside of your home. Damaged & worn vapor barriers can create high energy costs and allow mold & mildew to grow and weaken your sub floor creating "Soft Spots". Keep Mold, Moisture & Animals out of your Home.



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